



admin@overlandtravel.com

AFTours, via delle Scuole 7
6900 Lugano - Switzerland
Tel. 0041(0)91/9760777
Skype: aftours
VoipStunt: 0041415262189

DOSSIER: NVN – 21 Day East African Adventure – North

Local Payment - USD 550

Payable in cash to the guide on departure. Only small denominations (\$50, \$20, \$10, \$5) notes printed after 2000 will be accepted.

Countries Visited

Zambia, Zimbabwe, Malawi, Tanzania, and Kenya.

Vehicle

Overland Truck

Malaria

Malaria prophylactics are required throughout the route.

Departure Point

8:00am from Savanna Lodge, 68 Courtney Selous Crescent, Victoria Falls, Zimbabwe. Tel: +263 13 44424
www.safpar.co.za/savanna.html

End Point

The Meridian Court Hotel, Muranga Road, Nairobi, Kenya. Tel: [+254 20 313991/ 317 481](tel:+25420313991)
www.meridianhotelkenya.com

What's included

Meals as indicated on the itinerary, accommodation, registered guides, and transport per itinerary.

What's excluded

All items of a personal nature, alcohol, snacks, souvenirs, tips and optional activities (see list for an indication of prices).

Health

Please inform us of any pre-existing conditions such as diabetes or asthma and any prescription medicine you may be taking. We also need to know about any food allergies that you may have.

Visas

Please note that these are your responsibility. Most nationalities require visas for East African countries. Although most nationalities can obtain their visa on the border we prefer that you obtain it before arrival to save time at immigration when crossing from one country to another. Visas for Malawi are not obtainable on the borders. See Pre Departure Booklet for more information.

Climate

The African sun is very strong. Please use a factor 30 sunscreen and wear a hat. You should drink at least 3 litres of water per day to avoid dehydration. East Africa experiences a very wet rainy season. Please bear this in mind during the summer months.

Currency and Banking

USD (United States Dollars) is the best currency for East Africa. Travellers Cheques can take a long time to change into cash and often incur unreasonable charges. Credit Cards cannot always be processed – especially in remote areas. USD Notes printed before 2000 (i.e. the old style notes) will not be accepted and many places will not accept USD100 notes, so make sure to bring lots of \$1, \$5 and \$10 notes for tips and craft markets. USD20 and USD50 notes are good to change in to local currency.

Vaccinations

A Yellow Fever Certificate is required for this tour. Please see the Pre Departure Information booklet for detailed information on vaccinations in Africa.

Onward Travel

You can extend this tour by doing the Cape to Victoria Falls tour, the Desert & Delta tour or the Okavango Expedition beforehand.

Pre and Post Tour Accommodation

If you require accommodation before or after your tour we can arrange this for you. We can also arrange airport transfers – contact your travel agent to make these bookings.

Arrival

Please be sure to arrive 1 day before your tour is due to depart. This will avoid any problems such as forgotten luggage, misplaced bags or any unpredictable problems such as airline strikes or delayed flight arrival.

Departure

Please book your flight to depart the day after the tour officially ends. This is to account for any delays that we may experience due to unpredictable road conditions.

Note: All information is subject to change without prior notice. Travel times can change depending on road or weather conditions, etc. These are used as a guideline only.



AFTours, via delle Scuole 7
6900 Lugano - Switzerland
Tel. 0041(0)91/9760777
Skype: aftours
VoipStunt: 0041415262189

OPTIONAL ACTIVITIES ON THIS ROUTE

COUNTRY	AREA	ACTIVITY	PRICE RANGE
Zambia	South Luangwa NP	Game Walk – Inside National Park	\$45 to \$55
Zambia	South Luangwa NP	Game Walk - Outside National Park	\$35 to \$45
Zambia	South Luangwa NP	Morning Game Drive	\$35 to \$45
Malawi	Luwawa	Forest Guided Hike	\$10 to \$25
Malawi	Luwawa Forest	Mountain Biking	\$15 to \$25
Malawi	Kande Beach	Scuba Diving - Per Dive	\$35 to \$40
Malawi	Kande Beach	Horse Riding	\$50 to \$60
Malawi	Kande Beach	Dinner at local restaurant	\$7 to \$15
Malawi	Kande Beach	Water sports Equipment Hire	\$5 to \$10
Tanzania	Serengeti	Serengeti 3-Days Camping (Min 1-2 Clients)	\$730 to \$1,180
Tanzania	Serengeti	Serengeti 3-Days Camping (Min 3-4 Clients)	\$450 to \$580
Tanzania	Serengeti	Tips for Guide - Per Day	\$10 to \$15
Tanzania	Kilimanjaro	Porter Fees (\$1 per 15kg) – Per Day	\$6 to \$15
Tanzania	Serengeti	Flight from Serengeti to Arusha – Pre Book	\$200 to \$300
Tanzania	Serengeti	Ballooning over Serengeti NP – Pre Book	\$499 to \$520
Tanzania	Zanzibar	Scuba Diving - Per Dive	\$50 to \$65
Tanzania	Zanzibar	Zanzibar Meals - Per Day	\$15 to \$25
Tanzania	Zanzibar	Motorbike Hire - Per Day	\$25 to \$35
Tanzania	Zanzibar	City Tour	\$30 to \$35
Tanzania	Zanzibar	Prison Island Excursion	\$20 to \$40
Tanzania	Zanzibar	Swimming with Dolphins	\$30 to \$50
Kenya	Nairobi	Dinner at local restaurant	\$25 to \$45

Note:

There are more optional activities being created every day – we have listed only the most popular. If there is something specific you would like to do then speak to your guide as they will be able to assist you (if it is possible) If you want to go on the balloon trip over the Serengeti you must ask your guide to pre book this activity on the morning of departure. This activity is subject to availability.

DAY 1 LUSAKA

Leaving behind the excitement of Victoria Falls we begin our expedition. The journey towards the bustling Zambian capital of Lusaka takes us along an interesting route.

Meals:	Lunch, Dinner
Accommodation:	Camp: Pioneers Camp www.pioneercampzambia.com
Facilities:	Water not drinkable, hot showers, swimming pool and bar
Route:	Victoria Falls to Lusaka. ±520 km
Travel time:	±7-8 hrs (plus a border crossing)
Border posts:	Zimbabwe: Victoria Falls (no telephone) Open: 06H00 to 20H00 Zambia: Victoria Falls, Tel: +260 977 827 006, Open: 06H00 to 20H00

Lusaka is the capital and largest city of Zambia. It is located in south central Zambia at 15°25'S 28°17'E, on a plateau at 1280 m (4200 ft) in altitude. It has a population of 1,084,703 (2000 census).

Lusaka was founded in 1905 by European settlers, at the site of a village named after the village headman Lusaaka. Due to its central location in the country, in 1935 it replaced Livingstone as the capital of the British colony, Northern Rhodesia. After the federation of Northern and Southern Rhodesia in 1953, it was a centre of the civil disobedience movement that led to the creation of the independent state of Zambia. In 1964 it became the capital of the newly independent Zambia. Lusaka will host the 2011 All-Africa Games.

This is an interesting area full of friendly locals. Visitors can make use of the Barclays Bank, supermarkets and post office and you can purchase almost anything.



admin@overlandtravel.com

AFTours, via delle Scuole 7
6900 Lugano - Switzerland
Tel. 0041(0)91/9760777
Skype: aftours
VoipStunt: 0041415262189

Meals: Breakfast, Lunch, Dinner
Accommodation: Camp: Mama Rulas www.mamarulas.com
Facilities: Water not drinkable, shared ablutions and hot showers.
Route: Lusaka to Chipata. ±750 km
Travel time: ±10-12 hrs. Bad road conditions

We drive from Chipata to Lilongwe in Malawi and there is a steady stream of people and transport bringing in supplies that are not always readily available elsewhere in Zambia. You will also find colourful fruit and vegetable markets and an unexpected amount of ornate mosques due to its large Islamic Indian community. Chipata has a population 75,000, and is the capital of the Eastern Province of Zambia. Formerly known as Fort Jameson, the city is located near the border with Malawi, on the highway connecting the capitals Lilongwe (130 km) and Lusaka (550 km).

DAY 3/4 SOUTH LUANGWA NATIONAL PARK

Early in the morning we drive from Chipata to the border of the South Luangwa NP where we spend two nights on the riverbank. The next day we visit the community run tribal textile project and a local village. Later this afternoon we enjoy a guided sunset game drive in South Luangwa NP. On occasion, in the rainy season it is impossible or inadvisable to attempt to reach South Luangwa NP, if this happens an alternative itinerary will be chosen. Optional Activities: Morning Game Drive and Game Walk in South Luangwa NP

Meals: Breakfast, Lunch, Dinner
Accommodation: Camp: Wildlife Camp www.wildlifecamp-zambia.com
Facilities: Water not drinkable, shared ablutions, hot showers, bar, swimming pool.
Included Activities: Evening Game Drive and Village/Tribal & Textile Tour
Route: Chipata to South Luangwa National Park. ±180 km
Travel time: ±6-8 hrs. Bad road conditions

A totally different experience to parks elsewhere in Africa, Luangwa offers a real immersion to the bush life in an attractive habitat of sausage trees and lagoons. In the stunning light of early morning and late afternoon, one can often see elephants, impala, puku, troops of baboons, and hosts of water birds, crocodiles and hippos all through the same view finder of your camera or binoculars!

The park is reputed to have the highest concentration of Leopard in Africa. It is estimated that there is one Leopard for every kilometre of river in the Luangwa Valley, so your chances of seeing this elusive nocturnal cat are heightened in this park. Pods of up to 500 hippos are possible to view in the dry season as the river shrinks and they are confined to areas of deep pools. On average there are probably 35 – 42 hippos per kilometre! World famous walking safaris are a favourite activity in South Luangwa and operate from June until October. Morning and night drives in open topped safari vehicles are available year round.

DAY 5/6 MALAWI – LUWAWA FOREST

Today we cross the Zambia-Malawi border after leaving South Luangwa NP in the early morning. Heading north we enter the highlands of Malawi and spend the two nights at Luwawa Forest. Optional Activities: Fishing, Mountain Biking, Hiking.

Meals: Breakfast, Lunch, Dinner
Accommodation: Camp: Luwawa Forest Lodge www.luwawaforestlodge.com
Facilities: Water not drinkable, bar, lake, hot showers, shared ablutions.
Route: South Luangwa National to Luwawa Forest. ±440 km
Travel time: ±7-9 hrs plus border crossing
Border posts: Zambia: Chipata/Nwami, Tel: +260 622 1652, Open: 06H00 to 18H00
Malawi: Mchinji, (no telephone) Open: 06H00 to 18H00

The Republic of Malawi (formerly Nyasaland) is a democratic, densely populated country located in south-eastern Africa. It has Zambia to the north-west, Tanzania to the north, and Mozambique surrounding it on the east, south, and west. The origin of the name Malawi remains unclear; it is held to be either derived from that of southern tribes, or noting the "glitter of the sun rising across the lake" (as seen in its flag).

Luwawa Forest is in the Viphya Mountains of Malawi at about 1200 meters above sea level. The forest claims to be the largest cultivated forest in Africa and is made up of conifers and native trees of Malawi. Luwawa is about 45 km from Lake Malawi in a direct line, but its height above the lake means that mosquitoes are rarely found at the lodge.



admin@overlandtravel.com

AFTours, via delle Scuole 7
6900 Lugano - Switzerland
Tel. 0041(0)91/9760777
Skype: aftours
VoipStunt: 0041415262189

DAY 7/8 CENTRAL LAKE MALAWI

We will spend the next couple of carefree days relaxing on the white sandy beaches. For the more adventurous there are endless leisure and water sport activities. Alternatively, soak up the atmosphere and relax in one of the most memorable holiday destinations. Optional Activities: Scuba diving, parasailing, windsurfing, fishing, canoeing, horse riding, craft shopping, hiking and more.

Meals: Breakfast, Lunch, Dinner
Accommodation: Camp: Kande Beach www.kandebeach.com
Facilities: Water not drinkable, bar, shared ablutions, craft market, restaurant and beach.
Route: Luwawa Forest to Kande Beach. ±380 km
Travel time: ±7-8 hrs

The lake is Malawi's main attraction and covers one fifth of the country. It is the third largest lake in Africa and is about 500km long. The lake has more fish species than any other lake in the world with around 600 different species. The largest family is the chichlids, which are exported all over the world for tropical fish-tanks. The lake is also known for its good snorkelling and diving. The locals depend on the lake for fishing and survival and use dug-out canoes to set out long nets. There are many different ethnic groups all speaking their own language, many are Christians and the rest have traditional beliefs as do most African countries.

DAY 9/10 NORTHERN LAKE MALAWI

Meals: Breakfast, Lunch, Dinner
Accommodation: Camp: Chitimba www.chitimba.com
Facilities: Water not drinkable, bar, cold showers, shared ablutions.
Route: Kande beach to Chitimba. ±340 km
Travel time: ±4-5 hrs

In 1859 David Livingstone reached Lake Malawi, when he was trying to put an end to the slave trade. He then returned in 1861 accompanied by seven missionaries. They opened a mission station in the south lake area, but suffered from malaria, illness and conflict with slavers. In 1864 the surviving missionaries withdrew to Zanzibar. Livingstone then returned to the region in 1866 as part of an expedition to find the source of the Nile.

In 1869 he pushed north and was out of contact for two years. He was found by journalist Henry Stanley on the banks of Lake Tanganyika in 1871 and Stanley uttered the words "Dr Livingstone I presume" Livingstone continued on his mission and died at a village called Chitombo in Zambia in 1873. His death rekindled a desire in missionaries to come to Malawi and eventually, after setting up missions in various bad malaria areas, they set up a mission called Livingstonia in the highlands of the eastern escarpment (with no malaria) It is still in operation today.

The walk up to Livingstonia can be quite strenuous and you should be reasonably fit especially if it's hot. It's about a 6 to 8 hour round trip.

DAY 11 TANZANIA – IRINGA

As we ascend out of the Great Rift Valley through some spectacular mountain passes, we pass the vast tea plantations in the highlands to our camp outside Iringa.

Meals: Breakfast, Lunch, Dinner
Accommodation: Camp: Kisolonza Farm (no website available)
Facilities: Drinkable water, bar, hot showers, shared ablutions.
Route: Chitimba to Iringa. ±640 km
Travel time: ±10-11 hrs and a border crossing
Border posts: Malawi: Songwe (no telephone) Open: 06H00 to 18H00
Tanzania: Chi'zumulu, Tel.: +265 15 357 207, Open 06H00 to 18H00

Tanzania is the largest country in East Africa (although not in Africa as a whole, the Sudan is 3 times larger); it's landmass covering an area of just over 945,000 sq. km (including Zanzibar). This makes Tanzania about the size of France, Germany and Switzerland combined; 3 times the size of the entire British Isles or one-tenth the size of the whole of the USA. Tanzania's population at the last official census was 31.3 million, with approximately one third being classified as "urban". Despite agriculture forming roughly half of GDP and agri-products (e.g.: coffee, tea, tobacco, cashew nuts, sisal, cotton) some 75% of export earnings.

Dodoma, in central Tanzania, is the political capital of the country although Dar es Salaam is the effective trading and business capital, with its safe harbour (“Dar es Salaam” means “Haven of Peace”), international airport and population of some 1.75million. Arusha is the capital of the Arusha Region, located in the north of Tanzania. It has a population of 270,485 (2002 census). This city is located on a plateau in the Great Rift Valley amidst the Serengeti Plain, Ngorongoro Crater, Lake Manyara, Olduvai Gorge, Tarangire National Park, and Mount Kilimanjaro National Park. Official documents ceding independence to Tanzania were signed by the United Kingdom at Arusha in 1961. Historically, Iringa was a centre of colonial administration. During German occupation, the German military constructed the town as a fortified defence against marauding Hehe tribal warriors intent on driving them out of the region. Gangilonga Rock, a site just outside of the town, is a legendary spot where the Hehe chief at that time, Chief Mkwawa, met with his people and decided how to fight the Germans. Iringa was also the site of several battles during the First and Second World Wars, and Commonwealth War Graves are located just outside of town.

Some useful Swahili words to know:

Hello – Jambo	Yes – Ndiyo	How do you do – Habari gani	No – Hapana
Thank you – Ahsante	Go away – Enda	Mister – Bwana	To eat – Kula
Bring here – Lete hapa	Today – Leo	Slowly – Pole pole	Tomorrow – Kesho
Coffee – Kahawa	To sleep – Kulala	Tea – Chai	Goodbye – Kwaheri
Milk – Maziwa	How much – Ngapi	Water – Maji	Come here – Njoo hapa
Sugar – Sukari	Food – Chakula	Welcome again – Karibu tena	See you – Tutaonana

DAY12 IRINGA – DAR ES SALAAM

Today we transit through Mikumi National Park to the historical port city of Dar es Salaam.

Meals:	Breakfast, Lunch, Dinner
Accommodation:	Camp: Kipepeo Camp www.kipepeocamp.com
Facilities:	Water not drinkable, sometimes hot showers, bar, shared ablutions.
Route:	Iringa to Dar es Salaam. ±630 km
Travel time:	±10-12 hrs

Living up to its reputation, Baobab Valley is a valley populated by baobabs, and obviously renowned for this. One of the great symbols of Africa is, in fact, the baobab tree, with its bizarre appearance, surrounded by myth and folklore, and with a multitude of uses for the local people & wildlife, the fruit that is eaten, gum, fibre for rope, paper, and cloth; bark and oil from the baobab seeds have medical properties. It's along the main highway artery that connects Dar es Salaam and Iringa. If you see a tree small enough to put your arms around they say all your dreams and wishes will come true.

German East Africa was captured by the British during World War I and from then on was referred to as Tanganyika. Dar es Salaam was retained as the territory's administrative and commercial centre. Under British indirect rule, separate European (e.g. Oyster Bay) and African (e.g. Kariakoo and Ilala) areas developed at a distance from the city centre. The town's population also included a large amount of South Asians.

After World War II, Dar es Salaam experienced a period of rapid growth. Political developments, including the formation and growth of the Tanganyika African National Union (TANU), led to Tanganyika attaining independence from colonial rule in December 1961. Dar es Salaam continued to serve as its capital, also when in 1964 Tanganyika and Zanzibar merged to form Tanzania. However, in 1973 provisions were made to relocate the capital to Dodoma, a more centrally located city in Tanzania's interior. The relocation process has not yet been completed, and Dar es Salaam remains Tanzania's primary city.

DAY 13/14/15 ZANZIBAR

A local ferry will take us from Dar Es Salaam (where we leave the truck) to Stone Town, the capital of Zanzibar. We spend the first night in Stone Town where you will have time to explore the markets and unique architecture. The following day we take a transfer to the northern part of the Island where we will spend 2 days relaxing on the beach. Optional Activities: Lunch & Dinner, Dolphin Tours, Scuba Diving, Snorkelling.

Day 13

Meals:	Breakfast
Accommodation:	Two per Room: Shangani Hotel www.shanganihotel.com
Facilities:	En-Suites, hot showers, coffee shop, laundry services.
Route:	Dar es Salaam to Zanzibar by Ferry

Day 14/15

Meals: Breakfast
Accommodation: Two to Four per Room: Amaan Bungalows www.amaanbungalows.com
Facilities: En-suite per Room sharing, hot showers, bar, restaurant, laundry services.
Route: Stone Town to Nungwi Beach

You do not need to take your whole backpack; you can leave this locked in the truck at Dar es Salaam as one of the guides normally remain behind here. A day pack is enough. Once on the island you will be met by a local tour operator who will make your other arrangements; for Spice Tours, Snorkelling etc.

Appropriate Clothing

Zanzibar's main religion is Islam and so appropriate clothing should be worn in Stone Town. Beach ware should only be worn on the beach and women should wear a t-shirt and knee-length shorts or a skirt in the town. It is not appropriate to show the arms above the elbow or legs above the knee. Shoulders should remain covered and revealing necklines are not acceptable. Men's clothing is less restrictive and a t-shirt and pair of shorts are fine. On the beach or in the resort there are no dress restrictions other than the normal ones in pool/public areas.

Religious Holidays

If you are visiting Zanzibar in the month of fasting (Ramadan) please speak to your local guide about the customs during this time. Normally eating during the sunlight hours is not allowed and some locals will make sure that you are aware of this (sometimes very loudly if you are seen). Most shops and restaurants are closed during this period, but it is acceptable (as a foreigner) to eat at the hotel / resort. The guide will tell you what is appropriate and when.

Zanzibar

Zanzibar as used today, is the collective name for two East African islands off mainland Tanzania: Unguja (also called Zanzibar) and Pemba. The capital of the islands, located on the island of Unguja, is also known as Zanzibar. The city's old quarter, known as Stone Town, is a World Heritage Site. The population of Zanzibar was 981,754 in the 2002 census, and its area is 1,651 km² (637 mi²). Zanzibar's main industries are spices (cloves, nutmeg, cinnamon and pepper), raffia, and tourism. Zanzibar is also the home of the, extremely endangered, Zanzibar Red Colobus Monkey.

The word "Zanzibar" probably derives from the Persian, Zangi-bar ("coast of the blacks"). However, the name could also have been derived from the Arabic Zayn Z'al Barr ("fair is this land"). "Zanzibar" often refers especially to Unguja Island and is sometimes referred to as the "Spice Islands," though this term is more commonly associated with the Maluku Islands in Indonesia. Zanzibar was the first region in Africa to introduce colour television, in 1973. The current TV-station is called TvZ. The first television service in mainland Tanzania was not introduced until some twenty years later.

The musician Farrokh Bulsara (a.k.a Freddie Mercury) of Queen was born in Unguja, Zanzibar on September 5, 1946 to Indian-Parsi parents, who were employed by the British colonial administration. There is a restaurant named 'Mercury's' on the beachfront of Stone Town. In September 2006, a radical Islamic group on the archipelago, Uamsho, forced organizers to abandon plans to mark his 60th birthday, saying he violated Islam with his openly gay lifestyle. Zanzibar criminalized gay and lesbian sex in 2004, but it remains a popular resort destination for the South African gay community.

DAY 16 ZANZIBAR- DAR ES SALAAM

Today we leave Zanzibar and catch a late ferry back to Dar Es Salaam and return to our campsite. The evening can be spent reminiscing about our days on the island.

Meals: Dinner
Accommodation: Camp: Kipepeo Camp www.kipepeocamp.com
Facilities: Water not drinkable, sometimes hot showers, bar, good ablutions.
Route: Ferry back from Zanzibar

Dar es Salaam (Arabic translation: "Abode of Peace"), formerly Mzizima, is the largest city in Tanzania. With a population estimated around 2,500,000, it is also the country's richest city and an important economic centre. Though Dar es Salaam lost its official status as capital city to Dodoma in the mid-1970s, it remains the centre of the permanent central government and continues to serve as the capital for the surrounding Dar es Salaam Region.

In 1859, Albert Roscher of Hamburg became the first European to land in Mzizima ("healthy town"). In 1866 Sultan Seyyid Majid of Zanzibar gave it its present name. Dar es Salaam fell into decline after Majid's death in 1870, but was revived in 1887, when the German East Africa Company established a station there. The town's growth was facilitated by its role as the administrative and commercial centre of German East Africa and industrial expansion resulting from the construction of the Central Railway Line in the early 1900s.

DAY 17 DAR ES SALAAM – ARUSHA

Today we take a long and scenic drive to Arusha, the safari capital of Tanzania. If the weather is favourable and skies are clear we might see Mt Kilimanjaro. After arriving in Arusha, those who are going to explore the Serengeti National Park, prepare for their excursion.

Meals:	Breakfast, Lunch, Dinner
Accommodation:	Camp: Snake Park or Meserani Oasis (no website available)
Facilities:	Bar, shared ablutions.
Route:	Dar es Salaam to Arusha. ±700 km
Travel time:	±9-10hrs (very long day)

Kilimanjaro is an almost perfectly shaped volcano, which rises from the plains. The mountain is snow capped and the volcano contained within is dormant, but not yet extinct. It is 5895 metres and the highest peak in Africa and the world's highest freestanding mountain. Arusha officially became a city on 1st July 2006 (Source: Arusha Times www.arushatimes.co.tz/2006/19).

The primary industry of the region is agriculture, with large vegetable and flower producers sending high-quality produce to Europe. Small-scale agriculture was badly hit by the coffee crisis of recent years and is now largely subsistence farming. Arusha has several factories including a brewery, tyre and fibreboard plant, and a large pharmaceuticals maker.

DAY 18/19 SERENGETI/NGORONGORO

Today we have the opportunity to go on a three-day trip into the Serengeti. For those not going to the parks, take this opportunity to absorb some of the fascinating local culture. Optional Activities: Serengeti/Ngorongoro Excursion.

Meals:	Breakfast, Lunch, Dinner
Accommodation:	Camping www.tanzaniaparks.com
Facilities:	Shared Ablutions, cold showers, no bar.

Three Day – Serengeti NP/Ngorongoro Crater tour:

- Day 1:** 8:00am Depart for Serengeti National Park, game drive en-route then dinner and overnight at Seronera Campsite. (Day 18 of the tour)
- Day 2:** Morning game drive in the Serengeti NP, then mid afternoon drive back to Ngorongoro via Olduvai Gorge for talk on prehistoric artefacts found in this area (optional), then dinner and overnight at the rim of crater. Simba Campsite. (Day 19 of the tour)
- Day 3:** After breakfast, descend down the Crater floor with lunch box for half-day game drive, and then drive back to Arusha. (Day 20 of the tour)

What you should take along:

- Daypack with one change of clothes
- Lots of insect repellent
- Sleeping bag
- You also have to buy some snacks, cold drinks, cigarettes etc. for the excursion
- Binoculars, cameras & film
- Some warm clothes, as it is always cold on the rim of the crater
- A few dollars (small notes) for tips, curios etc

Inside Serengeti:

Meals:	Breakfast, Lunch, Dinner
Accommodation:	National Parks Hotels
Facilities:	Poor

The Serengeti is a region of grasslands and woodlands in Mara Region in Tanzania. It has more than 1.6 million herbivores and thousands of predators. Blue Wildebeests, gazelles, zebras and buffalos are the animals most commonly found in the region. This area is most famous for the migration that takes place every year, which is considered to be one of the seven tourist travel wonders of the world. Every year around October nearly 1.5 million herbivores travel towards the southern plains, crossing the Mara River, from the northern hills for the rains. And then back to the north through the west, once again crossing the Mara River, after the rains in around April. This phenomenon is sometimes also called the Circular Migration. Over 250,000 wildebeest alone will die along the journey from Tanzania to Maasai Mara reserves in upper Kenya, a total of 500 miles.

The Ngorongoro Conservation Area (NCA) Authority is the governing body regulating use and access to the NCA. The area became a UNESCO World Heritage Site in 1979. Land in the conservation area is multi-use; it is unique in Tanzania as the only conservation area, providing protection status for wildlife whilst allowing human habitation. As such land use is controlled to prevent negative effects on the wildlife population, for example crop cultivation is prohibited on all but subsistence levels.

The Ngorongoro area is part of the Serengeti ecosystem, and to the north-west it adjoins the Serengeti NP and is contiguous with the southern Serengeti plains. These plains also extend to the north into the unprotected Loliondo division and are kept open to wildlife through transhuman pastoralism practiced by Masaai. The south and west of the area are volcanic highlands and the southern and eastern boundaries are approximately defined by the rim of the Great Rift Valley wall, which also prevents animal migration in these directions.

The annual ungulate migration passes through the NCA, with wildebeest and zebra moving south into the area in December and moving north in June. This movement changes seasonally with the rains, but the migration will traverse almost the entire plains in search of food. The NCA has a healthy resident population of most species of wildlife; in particular the Ndotu Lake area to the west has a strong cheetah and lion population.

DAY 20 ARUSHA

Today we visit a local Masai village. Tonight we enjoy a final meal around the truck and talking about the adventures we have had together.

Meals: Breakfast, Lunch, Dinner
Accommodation: Camp: Snake Park or Meserani Oasis (no website available)
Facilities: Bar, shared ablutions, swimming pool.

Arusha is the capital of the Arusha Region, located in the north of Tanzania. It has a population of 270,485 (2002 census). The Arusha Declarations for Self Reliance in Tanzania were signed in 1967 in Arusha. The Arusha Accords were signed at Arusha on August 4, 1993 by representatives of competing factions in the Rwandan civil war. In 1994 the UN Security Council decided by its Resolution 955 of 8 November 1994 that Arusha should host the International Criminal Tribunal for Rwanda. The establishment of the tribunal with its employees has influenced the local economy of Arusha. The tribunal is expected to end its normal work in 2008 with two more subsequent years for appeals handling.

DAY 21 KENYA – NAIROBI

After crossing the border into Kenya we continue to travel towards Nairobi and the end of our journey. Although our tour has ended some groups like to spend this evening at local restaurant. Optional Activities: Dinner at Carnivore Restaurant.

Meals: Breakfast, Lunch
Accommodation: Own Arrangements / Post tour accommodation can be booked through AFTours
Route: Arusha to Nairobi. ±310 km
Travel time: ±4-5 hrs plus border crossing
Border posts: Tanzania: Namanga, Tel.: +254 455132002, Open 06H00 to 18H00
Kenya: Namanga, Tel.: +254 455132002, Open 06H00 to 18H00



AFTours, via delle Scuole 7
6900 Lugano - Switzerland
Tel. 0041(0)91/9760777
Skype: aftours
VoipStunt: 0041415262189

Tour Ends

This tour ends today at The Meridian Court Hotel; you can book an additional night here www.meridianhotelkenya.com. You need to pre book this accommodation through your travel agent or AFTours.

TIPPING ON TOUR

Southern / East Africa: In general tipping in restaurants is expected and is around 10% for good service, more if you have received exceptional service, and, feel free not to tip at all if you received poor service. Tipping taxi drivers etc is really at your own discretion and not always expected. If in doubt please ask your guides. It is expected to tip Porters and Car-guards etc. Ask your guides how much is appropriate in local currency.

Our guides do work hard, but they are also paid at (and often above) industry levels for this work. Our Crew can be tipped if you feel that they have done a good job and/or gone above and beyond the call of duty. The recommended amount is between USD1-2 per person, per day, per crewmember.

The best way to arrange tips is to elect one person in the group to collect the money. So if you have 3-crew on a tour, we would recommend that 3 envelopes are used and each crewmembers name written on one. Place what you feel is fair in to each envelope and the elected person can give these to the crew at the end of the tour. If you do not feel that the crew deserves a tip, please, do not tip them.

By the end of your tour you may have left-over local currency that you will not be able to change outside of its country of origin. Any assistance you could provide to the trust by donating this left over currency by depositing it in the secure box provided on the truck is greatly appreciated. Thank you for your help and please join our newsletter at the website above to receive regular updates on what we are doing to support our beneficiaries.

THANK YOU FOR TRAVELLING WITH ADVENTURE FANTASY TOURS (AFTours)

At the end of your tour you will be provided with feedback forms. These forms are confidential and should be given to your crew in a sealed envelope. If you are not sure of the confidentiality of the feedback form please feel free to email us as well on admin@overlandtravel.com – Please make sure to also complete the feedback form as we use the answers on these forms to improve and maintain our service levels.

Accommodation providers are subject to change without notice, the accommodation listed in this dossier is our preferred supplier, but sometimes due to availability, we are unable to make use of the property listed in this dossier. If we cannot use the accommodation provider as listed we will substitute another property of similar standards, however, en-suite facilities are not always guaranteed.